

# MAINE CONSOLIDATED SCHOOL #10

Please read the menu weekly, this will help keep you informed about events and information at Maine school.  
If you have any messages for the menu, please send them to the office by Tuesday. This institution is an equal oppo

## FEB. 3 thru FEB. 7

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast</b>	Cereal, Hard Boiled Egg, Peaches, Milk	Egg, Potato, Cheese Burrito, Peaches Milk	Blue Berry Muffin, Turkey Sausage, Applesauce, Milk	Scrambled Eggs, English Muffin, Mixed Fruit, Jelly, Milk	
<b>Lunch</b>	Pepperoni Pizza, Salad, Pears Milk, Ranch	Spaghetti, Corn, Garlic Bread, Pears, Milk	Ham & Cheese Sandwich, Carrots & Cucumbers, Mixed Fruit, Sun Chips, Milk, Mustard Ranch	Sloppy Joes, Ranch Beans, Orange Slices, Milk	
<b>Activities</b>					

The kitchen manager may change the menu as necessary. The menu is an important method of communication with students, faculty and parents. Menus will be issued weekly. This institution is an equal opportunity provider.

**Health and nutrition are alive at Maine School! Every breakfast includes a FRUIT AND MILK and every lunch includes a FRUIT, VEGETABLE AND MILK.**

### REMINDERS:

♡ Valentine Grams due by Thursday, February 6<sup>th</sup> ♡

**No School – Monday, February 17<sup>th</sup>**

**Parent/Teacher Conferences – Wednesday, February 26<sup>th</sup>**

