

MAINE CONSOLIDATED SCHOOL #10

Please read the menu weekly, this will help keep you informed about events and information at Maine school.
If you have any messages for the menu, please send them to the office by Tuesday. This institution is an equal opportunity pr

OCT. 28 thru NOV. 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Cereal, Yogurt, Pears, Milk	Blueberry Muffin, Hash Brown, Peaches, Milk	French Toast Sticks, Turkey Sausage, Applesauce, Milk	Biscuit/Gravy, Hard Boiled Egg, Pears, Milk	
Lunch	Spaghetti, Green Beans, Garlic Texas Toast, Applesauce, Milk	Bean & Cheese Burrito, Salad, Apple, Churro, Mixed Fruit, Milk Ranch, Taco Sauce	Sunflower Butter/Jelly Sandwich, Baby Carrots, Baked Potato Crisps, Grapes, Milk	Chicken Sandwich, Fries, Orange Slices, Milk, Mustard, Ketchup	
Activities	WEAR YOUR FAVORITE SPORTS TEAM!	<i>Anything but a backpack day!</i>	WEAR RED!	Dress up as your favorite character!	
<p>The kitchen manager may change the menu as necessary. The menu is an important method of communication with students, faculty and parents. Menus will be issued weekly. This institution is an equal opportunity provider. Health and nutrition are alive at Maine School! Every breakfast includes a FRUIT AND MILK and every lunch includes a FRUIT, VEGETABLE AND MILK.</p>					

Mustangs Red Ribbon Week Monday, October 28th – Thursday, October 31st

***** Red Ribbon Poster Contest: “Life Is a Movie, Film Drug Free” (DUE Thursday, October 31st) *****

***** RED RIBBON HANDPRINTS BANNER *****

◆◆◆ RED RIBBON FUN SURPRISES! ◆◆◆

