

## MAINE CONSOLIDATED SCHOOL #10

Please read the menu weekly, this will help keep you informed about events and information at Maine school.

If you have any messages for the menu, please send them to the office by Tuesday. This institution is an equal opportunity provider

### SEPT. 16 thru SEPT. 20

|                   | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY |
|-------------------|---|---|---|--|--------|
| <b>Breakfast</b>  | Cereal,<br>Yogurt,<br>Pears, Milk                       | Breakfast Pizza,<br>Peaches, Milk   | Banana Bread,<br>Turkey Sausage,<br>Mixed Fruit, Milk               | Biscuit/Gravy,<br>Hard Boiled Egg,<br>Orange Slices, Milk  |        |
| <b>Lunch</b>      | Bean & Cheese Burrito,<br>Salad,<br>Orange Slices, Milk | Hamburger Gravy/Rice,<br>Steamed Vegetables,<br>Dinner Roll,<br>Mixed Fruit, Milk | Ham/Cheese Sandwich,<br>Tomato Slices,<br>Pears,<br>Sun Chips, Milk | Pulled Chicken Sandwich,<br>Tater Tots,<br>Fruit Cup, Milk |        |
| <b>Activities</b> |   |   |   |  |        |

The kitchen manager may change the menu as necessary. The menu is an important method of communication with students, faculty and parents. Menus will be issued weekly.

**Health and nutrition are alive at Maine School!!! Every breakfast includes a FRUIT AND MILK and every lunch includes a FRUIT, VEGETABLE AND MILK.**

### REMINDERS:

**Parent/Teacher Conferences – Wednesday, September 25<sup>th</sup>**

\*\*\*school is out at noon that day\*\*\*

*Fall Break Wednesday, October 9<sup>th</sup> & Thursday, October 10<sup>th</sup>*

**Make-Up & Class Picture Day – Monday, October 21<sup>st</sup>**

