

MAINE CONSOLIDATED SCHOOL #10

Please read the menu weekly, this will help keep you informed about events and information at Maine school.

If you have any messages for the menu, please send them to the office by Tuesday. This institution is an equal opportunity provider

SEPT. 30 thru OCT. 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Cereal, Yogurt, Pears, Milk	Pancake Wrap, Hash Brown, Mixed Fruit, Milk	Whole Grain Coffee Cake, Turkey Sausage, Applesauce, Milk	Biscuit/Gravy, Hard Boiled Egg, Orange Slices, Milk	
Lunch	Pepperoni Pizza, Salad, Peaches, Milk	Mac & Cheese, Corn on the Cob, Pears, Milk	Turkey Sandwich, Tomato Slices, Grapes, Sun Chips, Milk	Hot Dogs, Pork & Beans, Peaches, Milk	
Activities					

The kitchen manager may change the menu as necessary. The menu is an important method of communication with students, faculty and parents. Menus will be issued weekly.

Health and nutrition are alive at Maine School! Every breakfast includes a FRUIT AND MILK and every lunch includes a FRUIT, VEGETABLE AND MILK.

REMINDERS:

END OF 1ST QUARTER – THURSDAY, OCTOBER 3RD

Fall Break – Wednesday, October 9th and Thursday, October 10th

Book Fair – Monday, October 21st – Friday, October 25th

